

### PROGRAM SCHEDULE



## What to Expect:

### **Lived Experiences:**

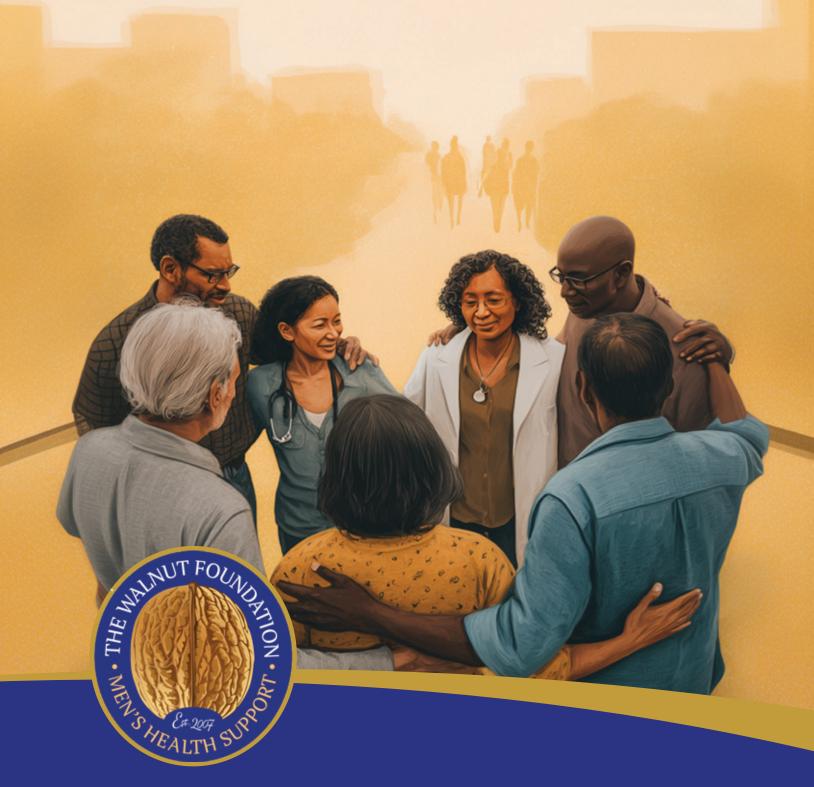
Hear firsthand accounts from men, caregivers, and partners navigating prostate cancer expert.

### **Insights:**

Provide comprehensive overview of the transition process from hospital to LTC, highlighting steps and best practices.

### **Connection & Support:**

Gain resources, knowledge, and community support to empower your health journey.



# Agenda:

Ken Noel, Executive Director, The Walnut Foundation   Jerry King, Conference Moderator  The importance of patient reported outcomes in forming health equity strategies  Keynote Speaker: Atiqa Mohammad, MPH, Director of Cancer Program Implementation, Canada Movember  A Prostate Cancer Diagnosis and How I Handled It  10:00 am - 10:45 am  Moderator: Earl Miller, Prostate Cancer Survivor, Member of Dr. Neil Fleshner's Genetics Research Study Board Patient Panelists: Anthony Henry, Rensford DeHaan, Ian McKnight  Questions from the Audience  10:45 am - 10:55 am  Your Treatment path from low grade cancer to advanced cancer.  11:00 am - 11:40 am  Moderator: Dr. Danny Vesprini, Radiation Oncologist, Sunnybrook Odette Cancer Centre Patient Panelists: Causley Edwards, Jeremy Simmons, Glen Williams, Tracy Reece  Questions from the Audience  11:40 am - 11:58 am  30 MINUTE BREAK (Free lunch available to in person attendees)  Caregivers Are an Important Part of the Prostate Cancer Journey: The  12:30pm - 1:00pm  Caregiver Experience  Moderator: Carlotta Thomas, partner of a Prostate Cancer Survivor Caregiver Panelists: Carol Mcknight, Mersha Morris, Christianah Olarewaju  Questions from the Audience  1:15 pm - 1:30 pm  Tools to Manage Incontinence, Sexual Challenges and Intimacy after Prostate Cancer Treatment  Moving from Kegels to HEGELs: Physiotherapy's Role in Pre-and Post-ProstateCtomy Care with the 7-Step HEGEL Method  Christina Dzieduszycki MSc PT, Petivic Floor Physiotherapist, PhD Student, Professional Trainer/ Health Coach and Public Speaker  Questions from the Audience  2:30 pm - 2:45 pm  Empowering Men for Better Prostate Cancer Outcomes:  2:45 pm - 3:00 pm	Land Acknowledgement of Territory, Welcome, Agenda Introduction	9:30 am - 9:40 am
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The PC-PEP Approach	Empowering Men for Better Prostate Cancer Outcomes: The PC-PEP Approach	2:45 pm - 3:00 pm
by <b>Dr. Gabriela Ilie and Dr. Rob Rutledge</b> , Dalhousie University	by <b>Dr. Gabriela Ilie and Dr. Rob Rutledge</b> , Dalhousie University	
Wrap-up and Evaluation 3:00pm - 3:15pm	Wrap-up and Evaluation	3:00pm - 3:15pm
Ken Noel & Anthony Henry	Ken Noel & Anthony Henry	

#### At The Walnut Foundation,

no man walks the prostate cancer journey alone.

### Your support

empowers Black men and families through advocacy, education, and culturally relevant care, driving awareness and advancing health equity.

### **Support our work**

by Donating to the Walnut Foundation here.



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### **The Walnut Foundation**

Phone: 905-799-2759 Address: P.O. Box 74053

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